# **Town of Somers**

# **Trail Maintenance**

# Information, Release and Waiver of Liability

#### **Disclosure**

Trail work can involve strenuous physical activity. The level of participation is **by choice**, meaning each participant should determine his or her own level of participation. As with any physical activity, there is an element of risk involved which each participant must assume. As with all such activities, **there is the possibility that a participant may suffer a physical injury, and/or an emotional injury, and/or serious physical injury, resulting in permanent disability or death. Each participant voluntarily assumes the risk of such injury.** 

The policy for participation in trail maintenance requires that every participant provide the information sought below and execute this Release and Waiver of Liability prior to participation.

Participant Information			
Name:			
Address:			
Town:	State:	Zip:	
Phone:			
Emergency Contact:	Relationship:		
Phone:			

## **COVID-19 WARNING**

COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. The State of Connecticut recommends social distancing to prevent the spread of COVID-19. Contracting COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Use of Town of Somers Open Space & Trails facilities or participation in Open Space activities could increase the risk of you or your child contracting COVID-19. Volunteer leaders and Town staff make every effort to ensure participants practice social distancing and wear masks as appropriate; however as with any public venue, we cannot guarantee that you will be safe from airborne illnesses such as COVID-19 or colds and flu while using Town facilities or participating in programs or activities.

### **Release and Waiver of Liability**

I understand that participation in trail maintenance activities may be physically and emotionally demanding. I affirm that my health is adequate and that I am not under a physician's care for any undisclosed condition that bears upon my fitness to participate in trail maintenance.

The undersigned hereby agrees that:

- I FULLY ASSUME ALL RISKS ASSOCIATED WITH PARTICIPATION IN TRAIL MAINTENANCE ACTIVITIES.
- 2. I HEREBY RELEASE, AND AGREE THAT I WILL NOT SUE, THE TOWN OF SOMERS, ITS AGENTS, SERVANTS AND EMPLOYEES, AND ALL OF ITS DEPARTMENTS, BOARDS, COMMISSIONS AND AGENCIES, INCLUDING THE SOMERS OPEN SPACE AND TRAILS COMMITTEE.
- 3. I, FOR MYSELF AND FOR MY HEIRS, ASSIGNS, SUCCESSORS, EXECUTORS, ADMINISTRATORS, AND LEGAL REPRESENTATIVES, AGREE TO DEFEND, INDEMNIFY AND HOLD HARMLESS THE TOWN OF

COMMISSIONS AND AGENCIES, INCLUDING THE SOMERS OPEN SPACE AND TRAILS COMMITTEE, FROM ANY AND ALL CLAIMS, SUITS OR DEMANDS BY ANYONE ARISING FROM MY PARTICIPATION IN TRAIL MAINTENANCE ACTIVITIES, EVEN IF CAUSED BY THE NEGLIGENCE OF THE TOWN OF SOMERS, ITS AGENTS, SERVANTS OR EMPLOYEES.  I certify by my signature that I have read this document carefully and fully understand the risks involved with participation in trail maintenance activities and wish to continue my participation. I further understand that by signing this agreement I am giving up substantial legal rights. I have not been induced to sign this agreement by any promise or representation, and I sign it voluntarily and of my own free will.				
CONSENT OF PARENT OR GUARDIAN  This is to certify that I, as parent or				
consent and agree to his or her release executors, administrators, and legal HARMLESS THE TOWN OF SOMERS DEPARTMENTS, BOARDS, COMMISSION TRAILS COMMITTEE AND ITS STAFF arising from said participant's participant's participant's participant's PART OF THE TOWN	representatives, AGREE TO S, ITS AGENTS, SERVANTS AI ONS AND AGENCIES, INCLUDII MEMBERS from any and all continuous in trail maintenance	DEFEND, INDEMNIFY AND HOLD ND EMPLOYEES, AND ALL OF ITS NG THE SOMERS OPEN SPACE AND laims, suits or demands by anyone activities, INCLUDING CLAIMS OF		
Signature of Parent/Guardian	Printed Name	  Date		